

**American Red Cross
Lifeguard Course Schedule**

(Must be 15 years or older)

Employees: \$ Non Employees: \$

(Includes: CPR mask, whistle w/lanyard)

Download manual for free or purchase printed manual for \$35.00 extra.

Prerequisite Skills Evaluation (Bring documentation for proof of age)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Thursday, June 5 th , 2014	2:00 – 3:00pm	Grangeville City Pool

Professional Lifeguard/Facility Safety/Patron Surveillance: Lessons 1 & 2 (Chapters 1 – 4)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Friday, June 6 th , 2014	8:00am – 11:30am	Grangeville City Hall
	11:30am – 1:00pm	Grangeville City Pool

Injury Prevention/Rescue Skills: Lesson 3 (Chapters 4 - 5)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Saturday, June 7 th , 2014	9:00am – 10:00am	Grangeville City Hall
	10:00am – 12:00pm	Grangeville City Pool

Rescue Skills: Lesson 4 (Chapters 5 - 6)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Sunday, June 8 th , 2014	12:00pm – 12:30pm	Grangeville City Hall
	12:30pm – 3:00pm	Grangeville City Pool

Victim Assessment/Breathing & Cardiac Emergencies/ AED: Lessons 5 & 6 (Chapters 7 - 9)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Monday, June 9 th , 2014	2:00pm – 5:45pm	Grangeville City Hall
	5:45pm – 7:30pm	Grangeville City Pool

First Aid/ CPR,AED & First Aid Exam/Head, Neck & Spinal Injuries: Lessons 7 & 8 (Chapters 10 –11)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Tuesday, June 10 th , 2014	2:00pm – 7:30pm	Grangeville City Pool

Review/Final Written Exam/In-Water Skill Scenarios: Lesson 9 (Chapters 1-6 & 11)

<u>Date</u>	<u>Time</u>	<u>Place</u>
Wednesday, June 11 th , 2014	2:00pm – 7:30pm	Grangeville City Pool

Items you will need for class: Manual, notebook & pen/pencil, swimsuit, towel, extra change of clothing, & sunscreen.

*If you have any questions or schedule conflicts please feel free to contact me.

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