

III-A Trust ASC PPO 70-ACA Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage for: Enrollee + Eligible Dependents | **Plan Type:** PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. Note: Information about the cost of the <u>plan</u> (called the <u>contribution</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>https://members.bcidaho.com/my-account/my-account-my-contract.page</u>. For general definitions of common terms, such as <u>allowed amount, balance billing, cost sharing, copayment, deductible, provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 1-800-627-1188 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall <u>Deductible</u> ?	\$3,000 person/\$6,000 family	Generally, you must pay all of the costs from <u>Provider</u> s up to the <u>Deductible</u> amount before this <u>Plan</u> begins to pay. If you have other family members on the <u>Plan</u> , each family member must meet their own individual <u>Deductible</u> until the total amount of <u>Deductible</u> expenses paid by all family members meets the overall family <u>Deductible</u> .
Are there services covered before you meet your <u>Deductible</u> ?		This <u>Plan</u> covers some items and services even if you haven't yet met the <u>Deductible</u> amount. But a <u>Copayment</u> or <u>Cost</u> <u>Sharing</u> may apply. For example, this <u>Plan</u> covers certain <u>Preventive Services</u> without <u>Cost Sharing</u> and before you meet your <u>Deductible</u> . See a list of covered <u>Preventive Services</u> at <u>https://www.healthcare.gov/coverage/preventive-care- benefits/</u> .
Are there other <u>Deductibles</u> for specific services ?	No. There are no other specific <u>Deductibles</u> .	You don't have to meet <u>Deductibles</u> for specific services.
What is the <u>Out-of-pocket Limit</u> for this <u>Plan</u> ?	For <u>In-Network Provider</u> \$4,500 person / \$9,000 family For <u>Out-of-Network Provider</u> \$6,000 person / \$12,000 family	The <u>Out-of-pocket Limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>Plan</u> , they have to meet their own <u>Out-of-pocket Limits</u> until the overall family <u>Out-of-pocket Limit</u> has been met.
What is not included in the <u>Out-of-</u> <u>pocket Limit</u> ?	Contributions, <u>Balance-Billing</u> charges and health care this <u>Plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>Out-of-pocket Limit</u> .
Will you pay less if you use a <u>Network</u> <u>Provider</u> ?	Yes. See <u>www.bcidaho.com</u> or call 1- 800-627-1188 for a list of <u>Network</u> <u>Provider</u> s.	This <u>Plan</u> uses a <u>Provider Network</u> . You will pay less if you use a <u>Provider</u> in the <u>Plan</u> 's <u>Network</u> . You will pay the most if you use an <u>Out-of-Network Provider</u> , and you might receive a bill from a <u>Provider</u> for the difference between the <u>Provider</u> s charge and what your <u>Plan</u> pays (<u>Balance Billing</u>). Be aware your <u>Network Provider</u> might use an <u>Out-of-Network Provider</u> for some services (such as lab work). Check with your <u>Provider</u> before you get services.
Do you need a <u>Referral</u> to see a <u>Specialist</u> ?	No.	You can see the <u>Specialist</u> you choose without a <u>Referral</u> .



All <u>copayments</u> and <u>Cost sharing</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>Provider</u> 's office or clinic	Primary care visit to treat an injury or illness	\$40 <u>Copay</u> /visit, <u>Deductible</u> does not apply	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Copay</u> does not apply to additional services. <u>Cost Sharing</u> may not apply for pediatric physician office visit. Additional telehealth services may be provided by your <u>Provider</u> .
	<u>Specialist</u> visit	\$40 <u>Copay</u> /visit, <u>Deductible</u> does not apply	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Copay</u> does not apply to additional services. <u>Cost Sharing</u> may not apply for pediatric physician office visit.
	Preventive care/Screening/immunization	No charge for listed preventive, <u>Screening</u> and immunization services. <u>Deductible</u> does not apply.	No charge for listed immunizations, 50% <u>Cost</u> <u>Sharing</u> after <u>Deductible</u> for preventive and <u>Screening</u> .	You may have to pay for services that aren't preventive. Ask your <u>Provider</u> if the services needed are preventive. Then check what your <u>Plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	none
	Imaging (CT/PET scans, MRIs)	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
If you need drugs to treat your illness or condition More information about <u>prescription drug</u> <u>coverage</u> is available at <u>www.SmithRx.com</u> .	Generic drugs	Retail: <u>Copay</u> up to \$10 per 30- day supply	Visit www.SmithRx.com for <u>Network</u> information.	Visit www.SmithRx.com for more information
	Preferred brand drugs	Retail: <u>Copay</u> up to \$25 per 30- day supply	Visit www.SmithRx.com for <u>Network</u> information.	Visit www.SmithRx.com for more information
	Non-preferred brand drugs	Retail: <u>Copay</u> up to \$40 per 30- day supply	Visit www.SmithRx.com for <u>Network</u> information.	Visit www.SmithRx.com for more information
	<u>Specialty Drugs</u>	<u>Copay</u> up to \$40 per 30-day supply	N/A	Visit www.SmithRx.com for more information
outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
	Physician/surgeon fees	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
lf you need immediate medical	Emergency Room Care	\$100 <u>Copay</u> /visit, 30% <u>Cost</u> <u>Sharing</u> after <u>Deductible</u>	\$100 <u>Copay</u> /visit, 30% <u>Cost</u> <u>Sharing</u> after <u>Deductible</u>	<u>In-Network Cost Sharing</u> applies to both <u>In-Network</u> and <u>Out-of-Network</u> services. <u>Copay</u> waived if admitted.
attention	Emergency Medical Transportation	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>In-Network</u> <u>Cost Sharing</u> applies for air ambulance services.
	<u>Urgent Care</u>	\$40 <u>Copay</u> /visit, <u>Deductible</u> does not apply	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Copay</u> does not apply to additional services. <u>Cost Sharing</u> may not apply for pediatric physician office visit.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
	Physician/surgeon fee	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
If you have mental health, behavioral health, or substance	Outpatient services	\$40 <u>Copay</u> /visit, 30% <u>Cost</u> <u>Sharing</u> after <u>Deductible</u> for facility and other services	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Cost Sharing</u> may not apply for pediatric outpatient psychotherapy. Additional telehealth services may be provided by your <u>Provider</u> .
abuse services	Inpatient services	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
lf you are pregnant	Office Visits	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	For pregnancy services, <u>Cost Sharing</u> does not apply to certain <u>Preventive Services</u> . Depending on the type of services, a <u>Copay</u> , <u>Cost</u> <u>Sharing</u> or <u>Deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	none
	Childbirth/delivery facility services	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	none

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help recovering or have	<u>Home Health Care</u>	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
other special health needs	<u>ReHabilitation Services</u>	\$40 <u>Copay</u> /visit for outpatient physical, occupational and speech therapies; \$10 <u>Copay</u> /visit for outpatient cardiac rehabilitation.	50% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 30 visit annual max for outpatient physical; 30 visit annual max for outpatient speech and occupational; 36 visit annual max for outpatient cardiac rehabilitation.
	Habilitation Services	\$40 <u>Copay</u> /visit for outpatient physical, occupational and speech therapies.	50% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 30 visit annual max for outpatient physical; 30 visit annual max for outpatient speech and occupational.
	Skilled Nursing Care	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	Coverage is limited to 30 day annual max.
	Durable Medical Equipment	30% <u>Cost Sharing</u> after <u>Deductible</u>	50% <u>Cost Sharing</u> after <u>Deductible</u>	<u>Preauthorization</u> required.
	Hospice Services	No charge. <u>Deductible</u> does not apply.	50% <u>Cost Sharing</u> after <u>Deductible</u>	none
dental or eye care	Children's eye exam	Not covered	Not covered	none
	Children's glasses	Not covered	Not covered	none
	Children's dental check-up	Not covered	Not covered	none

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of other excluded services)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)
- Dental check-up (Child)
- Eye exam (Child)

- Glasses (Child)
- Hearing aids (Child)
- Infertility treatment
- Long-term care
- Private-duty nursing
- Routine eye care (Adult)

- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Chiropractic care
- Hearing aids
- Non-emergency care when traveling outside the U.S.

Your Rights to Continue Coverage:

** Group health coverage -

There are agencies that can help if you want to continue coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-4444-EBSA(3272) or <u>www.dol.gov/ebsa/healthreform</u> or the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>. Other coverage options may be available to you too, including buying individual insurance through Your Health Idaho. For more information about Your Health Idaho, visit <u>www.YourHealthIdaho.org</u> or call 1-855-944-3246.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

For any initial questions concerning a claim, or to appeal a claim or benefit decision, please contact Customer Service at 1-208-331-7347 Or 1-800-627-1188, <u>www.bcidaho.com</u> or at P.O. Box 7408, Boise, ID 83707.

If your plan is subject to ERISA, you may contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA or <u>www.dol.gov/ebsa/healthreform</u>.

If your plan Is fully insured or self-funded and subject to the Idaho Insurance Code, you may also receive assistance from the Idaho Department of Insurance at 1-800-721-3272 or www.DOI.Idaho.gov

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.

Questions: Call 1-800-627-1188 or visit us at www.bcidaho.com/SBC.

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About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>Cost sharing</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a baby (9 months of in-network pre-natal care and a hos	spital delivery)	Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The <u>plan's</u> overall <u>deductible</u>	\$3,000	The <u>plan's</u> overall <u>deductible</u> :	\$3,000	The <u>plan's</u> overall <u>deductible</u> :	\$3 <i>,</i> 000
Specialist copay:	\$40	Specialist copay:	\$40	Specialist copay:	\$40
Hospital (facility) cost sharing:	30%	Hospital (facility) cost sharing:	30%	Hospital (facility) cost sharing:	30%
Other cost sharing:	30%	Other cost sharing:	30%	Other cost sharing:	30%
This EXAMPLE event includes services like: <u>Specialist</u> office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (ultrasounds and blood work) <u>Specialist</u> visit (anesthesia)		This EXAMPLE event includes services like <u>Primary care physician</u> office visits (including dis <u>Diagnostic tests (</u> blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter)	••	This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,690	Total Example Cost	\$5,830	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,000	<u>Deductibles</u>	\$120	<u>Deductibles</u>	\$1 <i>,</i> 990
<u>Copayments</u>	\$0	<u>Copayments</u>	\$320	<u>Copayments</u>	\$380

Total Example Cost	\$12,690	Total Example Cost	\$5,830	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$3,000	<u>Deductibles</u>	\$120	<u>Deductibles</u>	\$1,990
<u>Copayments</u>	\$0	<u>Copayments</u>	\$320	<u>Copayments</u>	\$380
<u>Cost sharing</u>	\$1,500	Cost sharing	\$0	<u>Cost sharing</u>	\$0
What isn't Covered		What isn't Covered		What isn't Covered	
Limits or Exclusions	\$70	Limits or Exclusions	\$4,300	Limits or Exclusions	\$10
The total Peg would pay is	\$4,570	The total Joe would pay is	\$4,740	The total Mia would pay is	\$2,380
	The	nlan would be responsible for the other costs of thes	EXAMPLE covered serv	ires	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

DISCRIMINATION IS AGAINST THE LAW

Blue Cross of Idaho and Blue Cross of Idaho Care Plus, Inc., (collectively referred to as Blue Cross of Idaho) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Blue Cross of Idaho does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Blue Cross of Idaho:

- · Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- · Provides free language services to people whose primary language is not English, such as:
 - o Qualified interpreters
 - o Information written in other languages

If you need these services, contact Blue Cross of Idaho Customer Service Department. Call

1-800-627-1188 (TTY: 711), or call the customer service phone number on the back of your card. If you believe that Blue Cross of Idaho has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with Blue Cross of Idaho's Grievances and Appeals Department at:

Manager, Grievances and Appeals 3000 E. Pine Ave., Meridian, ID 83642 Telephone: 1-800-274-4018 Fax: 208-331-7493 Email: grievances&appeals@bcidaho.com TTY: 711

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, our Grievances and Appeals team is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TTY). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

ATTENTION: If you speak Arabic, Bantu, Chinese, Farsi, French, German, Japanese, Korean, Nepali, Romanian, Russian, Serbo-Croatian, Spanish, Tagalog, or Vietnamese, language assistance services, free of charge, are available to you. Call 1-800-627-1188 (TTY: 711).

Arabic انتبه: إذا كنت تتحدث اللغة العربية ، فإن خدمات المساعدة اللغوية متاحة لك مجانًا اتصل على 1888-627-080-1 (للصم والبكم: 711).

Bantu: ICITONDERWA: Nimba uvuga Ikirundi, uzohabwa serivisi zo gufasha mu ndimi, ku buntu. Woterefona 1-800-627-1188 (TTY: 1-800-377-1363).

Chinese: 注意:如果您使用繁體中文,您可以免費獲得 語言援助服務。請致電 1-800-627-1188(TTY:711)。

توجه: اگر به زبان فارسی صحبت می کنید، خدمات رایگان پشتیبانی زبان، در دسترس شما است. شماره تماس 1188-627-600-1 (711:TTY).

French: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-627-1188 (ATS : 711).

German: ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-627-1188 (TTY: 711).

Japanese: 注意事項:日本語を話される場合、無料 の言語支援をご利用いただけます。1-800-627-1188 (TTY:711)まで、お電話にてご連絡ください。

Korean: 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-627-1188 (TTY: 711)번으로 전화해 주십시오. Nepali: ध्यान दनिहोस: तपार्डले नेपाली बोलनुहुन्छ भने तपार्डको नमित भाषा सहायता सेवाहरू नन्धिलक रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-800-627-1188 (टटिविाइ: 711) ।

Romanian: ATENȚIE: Dacă vorbiți limba română, vă stau la dispoziție servicii de asistență lingvistică, gratuit. Sunați la 1-800-627-1188 (TTY: 711).

Russian: ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-627-1188 (телетайп: 711).

Serbo-Croatian: OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-800-627-1188 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 711).

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-627-1188 (TTY: 711).

Tagalog: PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-627-1188 (TTY: 711.

Vietnamese: CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-627-1188 (TTY: 711).